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| **Frequency of morning drinking** | Description: Frequency of needing a first drink in the morning to get going after a heavy drinking session during the past 12 months among past 12 month drinkers |
| Instrument question: A2: Have you consumed any alcohol within the past 12 months? A15: How often during the past 12 months have you needed a first drink in the morning to get yourself going after a heavy drinking session? |

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| **Frequency of needing a first drink in the morning to get going during the past 12 months among past 12 month drinkers** | | | | | | | |
| **Male** | | | | | | | |
| Age Categories (Years) | n | % monthly or more frequently | 95% CI | % less than monthly | 95% CI | % never | 95% CI |
| 18-29 | 219 | 20.2 | 11.2 - 33.8 | 6.1 | 2.8 - 12.7 | 73.7 | 60.4 - 83.6 |
| 30-44 | 235 | 16.0 | 10.0 - 24.6 | 11.0 | 6.0 - 19.5 | 73.0 | 63.2 - 81.0 |
| 45-59 | 111 | 15.9 | 5.2 - 39.4 | 6.2 | 3.0 - 12.7 | 77.8 | 57.5 - 90.1 |
| 45-69 | 53 | 2.7 | 0.4 - 17.2 | 1.0 | 0.1 - 7.0 | 91.3 | 79.4 - 96.6 |
| 60-69 | 38 | 3.3 | 1.0 - 10.4 | 11.2 | 3.2 - 32.7 | 85.5 | 64.3 - 95.1 |
| **Total** | **656** | **16.6** | **11.3 - 23.7** | **7.5** | **5.0 - 11.2** | **75.6** | **68.5 - 81.5** |
| Location |  |  |  |  |  |  |  |
| Rural | 422 | 14.4 | 8.7 - 23.1 | 8.0 | 4.8 - 13.1 | 77.5 | 68.7 - 84.4 |
| Urban | 234 | 21.0 | 11.8 - 34.8 | 6.4 | 3.2 - 12.7 | 71.7 | 59.1 - 81.6 |

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| **Frequency of needing a first drink in the morning to get going during the past 12 months among past 12 month drinkers** | | | | | | | |
| **Female** | | | | | | | |
| Age Categories (Years) | n | % monthly or more frequently | 95% CI | % less than monthly | 95% CI | % never | 95% CI |
| 18-29 | 187 | 5.3 | 2.2 - 12.6 | 10.4 | 3.8 - 25.3 | 84.3 | 71.0 - 92.2 |
| 30-44 | 218 | 2.9 | 1.4 - 6.1 | 6.5 | 3.1 - 13.1 | 90.6 | 84.0 - 94.6 |
| 45-59 | 79 | 5.9 | 1.8 - 17.3 | 5.9 | 1.8 - 17.6 | 88.2 | 75.2 - 94.9 |
| 45-69 | 48 | 0.0 | 0.0 - 0.0 | 0.0 | 0.0 - 0.0 | 94.5 | 70.0 - 99.2 |
| 60-69 | 28 | 5.6 | 1.3 - 21.6 | 1.6 | 0.3 - 9.1 | 92.8 | 77.6 - 98.0 |
| **Total** | **560** | **4.4** | **2.5 - 7.5** | **7.7** | **4.1 - 14.2** | **87.7** | **81.6 - 92.0** |
| Location |  |  |  |  |  |  |  |
| Rural | 362 | 3.4 | 1.5 - 7.6 | 8.6 | 4.2 - 17.1 | 87.9 | 80.0 - 93.0 |
| Urban | 198 | 7.4 | 3.7 - 14.0 | 4.8 | 1.9 - 11.4 | 86.9 | 79.0 - 92.1 |

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| **Frequency of needing a first drink in the morning to get going during the past 12 months among past 12 month drinkers** | | | | | | | |
| **Total** | | | | | | | |
| Age Categories (Years) | n | % monthly or more frequently | 95% CI | % less than monthly | 95% CI | % never | 95% CI |
| 18-29 | 406 | 13.3 | 7.9 - 21.5 | 8.1 | 3.6 - 17.2 | 78.6 | 69.1 - 85.8 |
| 30-44 | 453 | 9.4 | 6.1 - 14.1 | 8.7 | 5.5 - 13.6 | 81.9 | 76.1 - 86.6 |
| 45-59 | 190 | 11.4 | 4.6 - 25.6 | 6.1 | 3.1 - 11.5 | 82.5 | 69.6 - 90.6 |
| 45-69 | 101 | 1.7 | 0.2 - 11.3 | 0.6 | 0.1 - 4.4 | 92.5 | 83.3 - 96.8 |
| 60-69 | 66 | 4.1 | 1.7 - 9.8 | 7.8 | 2.6 - 21.6 | 88.0 | 74.9 - 94.8 |
| **Total** | **1216** | **10.9** | **7.7 - 15.2** | **7.6** | **5.0 - 11.4** | **81.2** | **76.3 - 85.4** |
| Location |  |  |  |  |  |  |  |
| Rural | 784 | 8.9 | 5.8 - 13.6 | 8.3 | 5.0 - 13.6 | 82.7 | 76.6 - 87.5 |
| Urban | 432 | 15.8 | 9.1 - 25.8 | 5.8 | 3.3 - 9.9 | 77.6 | 68.3 - 84.7 |